

# Resultatliste

Oslo Triathlon

15.08.2009

Plass	Navn	Klubb	Distrikt	Tid	Etter
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## Kort K15-16

1	Kari Meling Johannessen	Bangkok Patana School		<b>1:26:10,71</b>	
Antall	1	Påmeldte: 1	Startende: 1		

## Kort K20-39

1	Ylva Haig	NOTEAM		<b>1:18:54,74</b>	
2	Ragnhild Berling Grande	Oslofjord triathlon		<b>1:20:05,86</b>	01:11,12
3	Ann Johnsen	Lambertseter		<b>1:20:50,62</b>	01:55,88
4	Iselin Munkelien Haugen	Oslo politidrettslag		<b>1:22:01,39</b>	03:06,65
5	Janitz Victoria	Moss ck / Mopil		<b>1:22:52,74</b>	03:58,00
6	tine k�pke	asker sk�ytekubb		<b>1:23:16,60</b>	04:21,86
7	Marianne Kraugerud	VETBIL		<b>1:23:55,37</b>	05:00,63
8	Tanja Bachmann	NOTEAM		<b>1:24:23,84</b>	05:29,10
9	Mari Eik	NOTEAM		<b>1:26:33,14</b>	07:38,40
10	Alfhild Aspelin	NOTEAM		<b>1:29:40,40</b>	10:45,66
11	Vibeke Johansen	Sirius IT SITup		<b>1:30:41,12</b>	11:46,38
12	Kjersti Loe	Sirius IT SITup		<b>1:30:41,14</b>	11:46,40
13	Silja Svanstr�m Amundsen	OSI		<b>1:30:44,57</b>	11:49,83
14	Helene Lesund	Oslofjord triatlon		<b>1:31:04,49</b>	12:09,75
15	Marit Carlsen	NVE-BIL		<b>1:31:27,81</b>	12:33,07
16	Cathrine Mediaas	Trondheim triatlonklubb		<b>1:31:39,06</b>	12:44,32
17	Isabel Kemp	OSI Symjing		<b>1:34:19,00</b>	15:24,26
18	karen mair	PGP		<b>1:35:30,08</b>	16:35,34
19	Synn�ve Seljeflot	NOTEAM		<b>1:35:39,87</b>	16:45,13
20	Elizabeth Gilje	Statoil ASA		<b>1:36:26,28</b>	17:31,54
21	Linda Renate Glesnes	Oslofjord triatlon		<b>1:36:44,00</b>	17:49,26
22	Anette Knudsen	Agresso BIL		<b>1:37:40,75</b>	18:46,01
23	Solveig Nilsen	NOTEAM		<b>1:38:27,21</b>	19:32,47
24	Kine Askim	privat		<b>1:38:53,04</b>	19:58,30
25	Marit Ween Brekken	Bouvet BIL		<b>1:41:54,13</b>	22:59,39
26	Veronika Barrabes	NOTEAM		<b>1:42:15,45</b>	23:20,71
27	Janett Jachczyk	NOTEAM		<b>1:44:18,71</b>	25:23,97
28	Nuria Barrabes G�rrissen	NOTEAM		<b>1:45:29,94</b>	26:35,20
29	Ingrid Slevikmoen	Fred.Olsen Sportsklubb		<b>1:45:34,35</b>	26:39,61
30	Trine Nomeland	GK Norge		<b>1:47:33,20</b>	28:38,46
31	monica kaland flage	NOTEAM		<b>1:47:49,04</b>	28:54,30
32	marianne flage kaland	NOTEAM		<b>1:47:49,73</b>	28:54,99
33	Hilde Holdhus	ingen		<b>1:55:00,68</b>	36:05,94
34	Helene Knoop	B.A.R.T.		<b>1:59:51,21</b>	40:56,47
35	Katharina Semb	B.A.R.T.		<b>2:06:20,05</b>	47:25,31
DNF	Hanne Gro Korsvold	Oslofjord triatlon			
Antall	36	P�meldte: 42	Startende: 42		

## Kort K40-49

1	Tina Mjelde	Oslo politis idrettslag (		<b>1:19:23,09</b>	
2	Gunn Sunde	Opil		<b>1:22:35,42</b>	03:12,33
3	Ingrid Ravnan	Raufoss IL		<b>1:23:30,37</b>	04:07,28
4	Anita Lien	Sportsklubben Rye		<b>1:34:17,38</b>	14:54,29
5	Camilla B�rresen	Fred. Olsen Sportsklubb		<b>1:36:03,94</b>	16:40,85
6	Marit Groven	Lillomarka Skiklubb		<b>1:37:44,62</b>	18:21,53
7	Christine Gilje	Statoil ASA		<b>1:39:10,69</b>	19:47,60
8	Hilde L�ken Larsen	NOTEAM		<b>1:44:26,42</b>	25:03,33
9	Ingrid Husby	Affecto BIL		<b>1:45:09,34</b>	25:46,25
10	Liv Jorstad Paulsen	Telenor BIL		<b>1:46:23,35</b>	27:00,26
11	Nina Martinsen	Sportsklubben Rye		<b>1:49:04,34</b>	29:41,25
Antall	11	P�meldte: 16	Startende: 16		

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Oslo Triathlon

15.08.2009

Class	Navn	Klubb	Distrikt	Tid	Etter
<b>Kort M13-14</b>					
1	Bøe Erik	Njård		<b>1:30:22,99</b>	
2	Aasmund Groven Lindtveit	Lillomarka Skiklubb		<b>1:35:53,47</b>	05:30,48
3	Vegard Harlem	Lillomarka Skiklubb		<b>1:39:25,10</b>	09:02,11
4	Andreas Faanes	NOTEAM		<b>1:39:54,77</b>	09:31,78
5	Helge Bergo	Rye		<b>1:40:17,03</b>	09:54,04
Antall	5	Påmeldte: 5	Startende: 5		
<b>Kort M15-16</b>					
1	Sigurd Tenold Fridtun	Fossum IF		<b>1:15:14,17</b>	
2	Ari Pelli-Nilsen	Kjelsås IL		<b>1:18:14,12</b>	02:59,95
3	Erik Bjørgum	NOTEAM		<b>1:21:58,25</b>	06:44,08
Antall	3	Påmeldte: 5	Startende: 5		
<b>Kort M17-19</b>					
1	Vegard Reiten	NOTEAM		<b>1:21:39,64</b>	
Antall	1	Påmeldte: 2	Startende: 2		
<b>Kort M20-39</b>					
1	Lasse Rypdal	NOTEAM		<b>1:07:21,00</b>	
2	Tore Wold	Opil		<b>1:07:33,00</b>	00:12,00
3	Joachim Olsvik	Opil		<b>1:08:59,17</b>	01:38,17
4	Yngve Walle	NOTEAM		<b>1:09:14,74</b>	01:53,74
5	Dag Olav Tho	NOPI / Skarphedin		<b>1:09:27,62</b>	02:06,62
6	Ole Richard Holm-Olsen	S.E.UT		<b>1:09:35,10</b>	02:14,10
7	Cato Hansen	Oslofjord triatlon		<b>1:10:25,00</b>	03:04,00
8	Joachim D. Wogstad Skjelsbæk	Oslofjord triatlon		<b>1:13:39,00</b>	06:18,00
9	Karsten Muller	privat		<b>1:13:57,85</b>	06:36,85
10	Øyvind Svare Kristoffersen	SK Rye/ Skanska Aktiv		<b>1:14:19,14</b>	06:58,14
11	Terje Meling	Hafersfjord sykkelklubb		<b>1:15:07,29</b>	07:46,29
12	Olav Osen	Opil		<b>1:15:17,48</b>	07:56,48
13	truls holm	sk rye		<b>1:16:11,09</b>	08:50,09
14	Håvard Fossum	NOTEAM		<b>1:16:23,44</b>	09:02,44
15	Steinar Sæther	NOTEAM		<b>1:16:36,16</b>	09:15,16
16	Clemens Wiese	NOTEAM		<b>1:16:46,17</b>	09:25,17
17	Martin K. Andersen	NOTEAM		<b>1:17:45,30</b>	10:24,30
18	Eirik Winther	K9z SK		<b>1:18:29,88</b>	11:08,88
19	Lars Erik Haakenstad	NOTEAM		<b>1:18:37,70</b>	11:16,70
20	Hallvar Hallingstad	Oslo politi idrettslag		<b>1:18:40,28</b>	11:19,28
21	Øystein Pettersen	EDB BIL		<b>1:19:09,50</b>	11:48,50
22	Thomas Blix	Sandefjord		<b>1:19:11,92</b>	11:50,92
23	Bruno Ottesen	Sandefjord OK		<b>1:19:12,35</b>	11:51,35
24	Sverre Martinsen	Heming, IL		<b>1:19:47,08</b>	12:26,08
25	Erik Engebretsen	baja		<b>1:19:52,80</b>	12:31,80
26	Geir Grønseth	NOTEAM		<b>1:20:01,96</b>	12:40,96
27	Knut Erik Hovda	NOTEAM		<b>1:20:04,78</b>	12:43,78
28	Bjørnar Espe	K9z SK		<b>1:20:12,36</b>	12:51,36
29	Ulf Elvsveen	Opil		<b>1:20:16,17</b>	12:55,17
30	Thomas Holst-Hansen	NRK		<b>1:20:18,74</b>	12:57,74
31	Jon Bråten	NOTEAM		<b>1:22:09,05</b>	14:48,05
32	viljar nævdal	NOTEAM		<b>1:23:36,92</b>	16:15,92
33	jon winther	FOPIL		<b>1:23:41,21</b>	16:20,21
34	Frode Bakken	Hydro BIL		<b>1:23:54,63</b>	16:33,63
35	Eirik Stangeland	Klepp SSK		<b>1:24:00,80</b>	16:39,80

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<b>Kort M20-39</b>					
36	Vidar Torgersen	-		<b>1:24:00,80</b>	16:39,80
37	Jo Saakvitne	NOTEAM		<b>1:24:05,96</b>	16:44,96
38	Vegard Henning Johansen	Halden politi IL		<b>1:24:18,32</b>	16:57,32
39	Jon-Henrik Piela	ingen		<b>1:24:44,65</b>	17:23,65
40	Kjetil Thuv	GK Norge		<b>1:24:52,17</b>	17:31,17
41	Martin Halvorsen	Agresso BIL		<b>1:24:59,71</b>	17:38,71
42	Espen Henrik Johansen	Adeo advokatfirma		<b>1:25:57,81</b>	18:36,81
43	Nicolay Langfeldt	NOTEAM		<b>1:26:08,28</b>	18:47,28
44	Pål Eivind Lae	Opil		<b>1:26:12,83</b>	18:51,83
45	Arild Holm	NOTEAM		<b>1:26:15,61</b>	18:54,61
46	Håvard Nordbø	tønsberg tri		<b>1:26:29,14</b>	19:08,14
47	Tobias Daman	NOTEAM		<b>1:26:54,07</b>	19:33,07
48	Manuele Fusto	Sportsklubben Rye		<b>1:26:58,00</b>	19:37,00
49	Anders LAngtind	PrivatMegleren		<b>1:27:36,71</b>	20:15,71
50	Thomas Nohre	GK Norge		<b>1:27:56,01</b>	20:35,01
51	Emil Holmberg	Thomson Reuters		<b>1:28:19,37</b>	20:58,37
52	Andreas Lund	GK Norge		<b>1:28:30,25</b>	21:09,25
53	Even Skirstad	KLP-BIL		<b>1:28:53,14</b>	21:32,14
54	Kim Coward	Stabæk IF		<b>1:29:00,62</b>	21:39,62
55	jon tafjord	NOTEAM		<b>1:29:24,59</b>	22:03,59
56	Einar Gudmundsson	NOTEAM		<b>1:29:47,59</b>	22:26,59
57	Paal Hansem	NOTEAM		<b>1:30:10,99</b>	22:49,99
58	Christian Kjelsberg	NOTEAM		<b>1:30:24,17</b>	23:03,17
59	Harald Faanes	telenor		<b>1:30:28,00</b>	23:07,00
60	Vegard H. Johansen	Østfold PD		<b>1:31:28,32</b>	24:07,32
61	Daniel Kløvstad	Agresso BIL		<b>1:31:31,94</b>	24:10,94
62	Børje Bade	NOTEAM		<b>1:32:18,15</b>	24:57,15
63	Ottar Gjermundshaug	NOTEAM		<b>1:33:01,41</b>	25:40,41
64	morten dehli	NOTEAM		<b>1:33:02,74</b>	25:41,74
65	eystein wang	NOTEAM		<b>1:33:30,82</b>	26:09,82
66	Eskild Lundeby	Lundeby medical		<b>1:35:29,02</b>	28:08,02
67	Guttorm Ulltveit	NOTEAM		<b>1:35:55,88</b>	28:34,88
68	Julian Dindo	Thomson Reuters		<b>1:37:30,48</b>	30:09,48
69	Tormod Bergum	GK Norge		<b>1:39:06,53</b>	31:45,53
70	Knut Andreas Bostad	Sportsklubben Rye		<b>1:39:21,34</b>	32:00,34
71	Gordon Nord	Team Xerox X-Tra		<b>1:39:21,54</b>	32:00,54
72	Stian Steen-Olsen	NOTEAM		<b>1:40:15,66</b>	32:54,66
73	Jarle Heier	GK Norge		<b>1:40:25,83</b>	33:04,83
74	simen frøyland	NOTEAM		<b>1:41:49,75</b>	34:28,75
75	ronny håkstad	NOTEAM		<b>1:41:49,85</b>	34:28,85
76	Øystein Fotland	NOTEAM		<b>1:42:07,57</b>	34:46,57
77	Alf Jørgen Peterson	Sodexo BIL		<b>1:48:29,99</b>	41:08,99
Antall	77	Påmeldte: 92	Startende: 92		

## Kort M40-49

1	Eigil Holst	Oslofjord triatlon		<b>1:15:16,26</b>	
2	Thorkild Gundersen	Seilduk Sport		<b>1:17:59,65</b>	02:43,39
3	Lars Bjertnæs	NOTEAM		<b>1:19:39,00</b>	04:22,74
4	Terje Kløvstad	KaraGuttaBoys KGB		<b>1:19:46,43</b>	04:30,17
5	Atle Carlsen	NOTEAM		<b>1:19:46,97</b>	04:30,71
6	Erik Øystein Johansen	sk rye		<b>1:21:27,93</b>	06:11,67
7	Peter Nagy	NOTEAM		<b>1:21:42,91</b>	06:26,65
8	Lars Grette	GK Norge		<b>1:22:48,39</b>	07:32,13
9	vemund paulsen	NOTEAM		<b>1:24:55,47</b>	09:39,21
10	Erik Johansen	NOTEAM		<b>1:27:17,45</b>	12:01,19
11	Kjell Petter Gilje	Statoil ASA		<b>1:29:43,18</b>	14:26,92

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Class	Navn	Klubb	Distrikt	Tid	Etter
<b>Kort M40-49</b>					
12	Steinar Faanes	NOTEAM		<b>1:30:55,37</b>	15:39,11
13	Svein Erik Sumstad	NOTEAM		<b>1:31:46,82</b>	16:30,56
14	Trond Berli	KNA Aust-Agder		<b>1:32:48,03</b>	17:31,77
15	Dag Johannessen	NOTEAM		<b>1:37:00,54</b>	21:44,28
16	Dag Sørsdahl	NOTEAM		<b>1:38:02,25</b>	22:45,99
17	Morten Suleng	NOTEAM		<b>1:41:22,22</b>	26:05,96
18	knut hallen	NOTEAM		<b>1:44:16,06</b>	28:59,80
19	Rune Johansen	NOTEAM		<b>1:52:05,12</b>	36:48,86
Antall	19	Påmeldte: 23		Startende: 23	
<b>Kort M50-59</b>					
1	Jørgen K. Syversen	Opil		<b>1:16:02,55</b>	
2	Anders Trygg	Sävedalens AIK		<b>1:26:41,72</b>	10:39,17
3	Stein Løvdahl	GK Norge		<b>1:29:01,31</b>	12:58,76
4	Bengt Granheim	DtC-Lenze B.I.L.		<b>1:34:26,81</b>	18:24,26
5	Hans Christian Opsann	Fred.Olsen sp.klubb		<b>1:41:56,20</b>	25:53,65
6	Baard S Liseth	Kondis		<b>1:51:25,94</b>	35:23,39
7	Espen Petersheim	Avdeling for anatomi		<b>1:56:23,15</b>	40:20,60
8	Vernon Cockman	Thomson Reuters		<b>2:00:26,82</b>	44:24,27
Antall	8	Påmeldte: 9		Startende: 9	
<b>NM K17-19</b>					
1	Nora Sørsdahl	Royal Sport		<b>2:46:22,85</b>	
Antall	1	Påmeldte: 1		Startende: 1	
<b>NM K20-39</b>					
1	Malin Lundvik	Royal Sport		<b>2:28:11,24</b>	
2	Marit Wefling Storeng	sk rye		<b>2:38:15,91</b>	10:04,67
3	Solfrid Agersten	Oslofjord triatlon		<b>2:38:18,31</b>	10:07,07
4	Randi Breivik	Royal Sport		<b>2:38:47,12</b>	10:35,88
5	Ingun Yri	Asker Cykleklubb		<b>2:47:36,87</b>	19:25,63
6	Ellen Skjold Kvåle	Oslofjord triatlon		<b>2:58:17,90</b>	30:06,66
DNF	Birthe H Smedsrud	Royal Sport			
Antall	7	Påmeldte: 10		Startende: 10	
<b>NM K40-49</b>					
1	Line Amlund Hagen	sk rye		<b>2:43:06,33</b>	
2	Tove Guldhav	Oslofjord triatlon		<b>2:46:12,30</b>	03:05,97
Antall	2	Påmeldte: 4		Startende: 4	
<b>NM K50-59</b>					
1	Kari Roe	Tønsberg triathlon klubb		<b>2:52:28,44</b>	
2	Ann-Christin Schill	Oslofjord triatlon		<b>3:02:12,35</b>	09:43,91
3	Kjærsti Tulleemor Floden	Royal Sport		<b>3:17:31,71</b>	25:03,27
Antall	3	Påmeldte: 3		Startende: 3	
<b>NM M17-19</b>					
1	Christian Westgaard	Oppegård IL		<b>2:20:27,69</b>	
2	Anders Mølmen Høst	Lyn Ski		<b>2:24:17,43</b>	03:49,74
3	Per-Christian Berg	sk rye		<b>2:27:04,70</b>	06:37,01

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### NM M17-19

4	Simen Aaslund	Raufoss og Gjøvik SK		<b>2:27:22,22</b>	06:54,53
5	Sondre Bryn	BCK Triathlon		<b>2:35:08,18</b>	14:40,49
Antall	5	Påmeldte: 5	Startende: 5		

### NM M20-39

1	Øyvind Johannessen	Østmarka IL		<b>2:00:03,14</b>	
2	Eirik Ravnán	Østmarka IL		<b>2:01:54,98</b>	01:51,84
3	Even Olsen	Oslofjord triatlon		<b>2:02:02,02</b>	01:58,88
4	Øystein Askjem	Holmestrand Triathlon		<b>2:02:35,24</b>	02:32,10
5	Erlend Skogland	Haugesund		<b>2:02:53,53</b>	02:50,39
6	frank denis kristiansen	sk rye		<b>2:02:58,87</b>	02:55,73
7	gudmund snilstveit	BCK Triathlon		<b>2:05:30,13</b>	05:26,99
8	bjørn skollerud	Holmestrand Triathlon		<b>2:05:45,11</b>	05:41,97
9	Tom Remman	Holmestrand Triathlon		<b>2:07:16,85</b>	07:13,71
10	Bjørnar Evensen	Royal Sport		<b>2:08:03,85</b>	08:00,71
11	Michael Sæther Reinboth	Skarphedin IL		<b>2:09:26,25</b>	09:23,11
12	Per-Gunnar Mustad	Langesund sykle-og		<b>2:10:02,09</b>	09:58,95
13	Ketil Aas-Jakobsen	Oslofjord triatlon		<b>2:11:17,54</b>	11:14,40
14	Espen Wagener	BK Triathlon		<b>2:13:03,64</b>	13:00,50
15	Hans Olav Melberg	Oslofjord triatlon		<b>2:14:01,21</b>	13:58,07
16	Sven Håland	Stavanger Triathlon		<b>2:15:07,56</b>	15:04,42
17	Truls Wagener	BK-Triathlon		<b>2:15:25,24</b>	15:22,10
18	Einar Christopher Wellén	Oslofjord triatlon		<b>2:15:27,98</b>	15:24,84
19	Bjørnar Lunde	BCK Triathlon		<b>2:16:42,34</b>	16:39,20
20	Rik Wemmenhove	Royal Sport		<b>2:17:10,07</b>	17:06,93
21	Georg Schille	BCK Triathlon		<b>2:17:35,46</b>	17:32,32
22	Axel Bendiksbý	Tønsberg triathlon klubb		<b>2:18:16,93</b>	18:13,79
23	Morten Hornnes	Asker Cykleklubb		<b>2:19:28,18</b>	19:25,04
24	håkon larsen	Haugesund		<b>2:20:13,13</b>	20:09,99
25	André Horgen	Skarphedin IL		<b>2:21:41,70</b>	21:38,56
26	Are Norhagen	Frikransen		<b>2:22:14,95</b>	22:11,81
27	Morten Storli	Oslofjord triatlon		<b>2:23:05,55</b>	23:02,41
28	Allan Hovda	sk rye		<b>2:23:25,58</b>	23:22,44
29	Simon Grøterud	Roayl Sport		<b>2:24:15,60</b>	24:12,46
30	Espen Norman Hoel	Oslofjord triatlon		<b>2:24:59,49</b>	24:56,35
31	viggo holm	Haugesund		<b>2:25:11,71</b>	25:08,57
32	Christopher Syvbertsen	Arendal Triathlonklubb		<b>2:26:40,36</b>	26:37,22
33	Ole Richard Holm-Olsen	Oslofjord triatlon		<b>2:29:00,84</b>	28:57,70
34	Gerhard Sletten	Oslofjord triatlon		<b>2:29:44,19</b>	29:41,05
35	Jens Laurits Nielsen	sk rye		<b>2:30:01,94</b>	29:58,80
36	Hans Alexander Mangen	Oslofjord triatlon		<b>2:30:14,47</b>	30:11,33
37	Juan Escalada	Farris triathlon		<b>2:34:30,67</b>	34:27,53
38	Kim Håvard Bertheussen	Oslofjord triatlon		<b>2:39:26,11</b>	39:22,97
39	Christen Vagle	Oslofjord triatlon		<b>2:40:44,84</b>	40:41,70
40	Asbjørn Floden	sk rye		<b>2:46:55,51</b>	46:52,37
41	Kristoffer Søberg	Oslofjord triatlon		<b>2:52:49,57</b>	52:46,43
42	Gaute Jonasmo	Tønsberg triathlon klubb		<b>2:57:05,23</b>	57:02,09
DNF	Arild Tveiten	Sk Vidar triathlon			
DNF	Henrik Holum	sk rye			
Antall	44	Påmeldte: 48	Startende: 48		

### NM M40-49

1	Erik Guldhav	Holmestrand Triathlon		<b>2:05:08,61</b>	
2	Gisle Johnsen	Langesund sykle-og		<b>2:11:46,57</b>	06:37,96
3	Torstein Pedersen	Holmestrand Triathlon		<b>2:18:20,84</b>	13:12,23

# Resultatliste

Oslo Triathlon

15.08.2009

Class	Navn	Klubb	Distrikt	Tid	Etter
<b>NM M40-49</b>					
4	Anders Åsberg	sk rye		<b>2:22:15,32</b>	17:06,71
5	Bjørn Wigdel	Stavanger Triathlon		<b>2:24:27,60</b>	19:18,99
6	Joachim Reitan	Oslofjord triatlon		<b>2:24:40,38</b>	19:31,77
7	Thomas Henriksen	Oslofjord triatlon		<b>2:28:21,39</b>	23:12,78
8	Clive Hough	Oslofjord triatlon		<b>2:28:24,01</b>	23:15,40
9	Onno Verberne	Østmarka IL		<b>2:29:12,69</b>	24:04,08
10	Knut Berge	sk rye		<b>2:31:31,65</b>	26:23,04
11	Matthew Rix Whiting	Oslofjord triatlon		<b>2:35:41,27</b>	30:32,66
12	Trond Bjørseth	Oslofjord triatlon		<b>2:36:28,10</b>	31:19,49
13	Tom Werner Hansen	Oslofjord triatlon		<b>2:40:38,14</b>	35:29,53
14	Frode Johan Fjelde	Oslofjord triatlon		<b>2:43:24,84</b>	38:16,23
15	Thomas Christoffersen	Tønsberg triathlon klubb		<b>2:43:53,07</b>	38:44,46
16	Tim Bennett	Sk Vidar triathlon		<b>2:46:31,09</b>	41:22,48
17	Trygve Andreassen	Royal Sport		<b>2:49:28,33</b>	44:19,72
18	Terje Berge	Oslofjord triatlon		<b>3:05:49,39</b>	1:00:40,78
DNF	Pål Tangen	Asker Cykleklubb			
DNF	Kieron Villadsen	sk rye			
DNF	rune skinnerlien	Arendal Triathlonklubb			
Antall	21	Påmeldte: 24		Startende: 24	

## NM M50-59

1	Jørn Willy Olafsen	Tønsberg triathlon klubb		<b>2:25:23,64</b>	
2	Einar W Thorstensen	Lyn Ski		<b>2:39:29,96</b>	14:06,32
3	Svein Drtina	Tønsberg triathlon klubb		<b>2:49:34,32</b>	24:10,68
DNF	Lars-Erik Løvdahl	sk rye			
Antall	4	Påmeldte: 7		Startende: 7	

## NM M60+

1	Hjalmar Schiøtz	Tønsberg triathlon klubb		<b>2:28:09,00</b>	
2	oddvar leivestad	Eidsvold Sykkelklub		<b>2:45:51,66</b>	17:42,66
3	Reinhard Bachmann	Oslofjord triatlon		<b>3:04:21,45</b>	36:12,45
Antall	3	Påmeldte: 3		Startende: 3	

## Normal K20-39

1	Siv Hilde Houmb	Twente Triathlon Club,		<b>2:43:00,00</b>	
2	Liv Astrid Langnes	Ulsteinvik		<b>2:56:26,79</b>	13:26,79
3	Margrethe Sønneland	Stavanger		<b>2:59:56,61</b>	16:56,61
4	Jasmin Schleimer	NOTEAM		<b>3:01:31,67</b>	18:31,67
5	Maria Henningson	NOTEAM		<b>3:06:23,25</b>	23:23,25
6	Kikki Westman Dahl	NOTEAM		<b>3:33:23,97</b>	50:23,97
Antall	6	Påmeldte: 6		Startende: 6	

## Normal K40-49

1	Gayle Galletta	Massachusetts, USA		<b>2:33:16,77</b>	
2	Annemarie Koenders	NOTEAM		<b>3:10:38,77</b>	37:22,00
3	Kaj Dahl	NOTEAM		<b>3:14:15,79</b>	40:59,02
4	Trine Barlaup	Stavanger		<b>3:26:33,20</b>	53:16,43
Antall	4	Påmeldte: 4		Startende: 4	

## Normal M20-39

1	kenneth svendsen	NOTEAM		<b>2:05:24,13</b>	
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# Resultatliste

Oslo Triathlon

15.08.2009

Plass	Navn	Klubb	Distrikt	Tid	Etter
<b>Normal M20-39</b>					
2	Frank Børresen	NOTEAM		2:11:47,64	06:23,51
3	Rune Hardersen	NOTEAM		2:17:43,30	12:19,17
4	Tor Gunnar Bjørnstad	NOTEAM		2:19:20,13	13:56,00
5	Jon Jørgen Gudbrandsen	Oslofjord triathlon		2:22:18,77	16:54,64
6	Halvor Lande	Norske studenters		2:23:11,52	17:47,39
7	Eldar Frøland	OSI		2:25:29,90	20:05,77
8	Jo Inge Fjellstad	NOTEAM		2:25:46,89	20:22,76
9	Kristian Sæterhaug	Superkikkan IL		2:29:39,03	24:14,90
10	Jonas Tyssø	SK Krål, Tråkk og		2:30:12,26	24:48,13
11	Rasmus Thorkildsen	ingen		2:31:07,35	25:43,22
12	Igor Pipkin	IØR UMB		2:31:26,70	26:02,57
13	Svenn-Ivar Svendsen	Trondheim triatlonklubb		2:31:51,53	26:27,40
14	Fritjof Loen	Atna IL		2:34:27,77	29:03,64
15	Henrik Føien	Ingenium		2:35:04,65	29:40,52
16	Urs HageM	ingen		2:35:20,98	29:56,85
17	Christian Gudbrandsen	NOTEAM		2:36:02,91	30:38,78
18	Årstein Skjæveland	Stokki Sykkellag		2:36:40,66	31:16,53
19	øystein tveterås	GE Money Bank		2:37:28,80	32:04,67
20	wouter verbraak	NTF		2:37:32,16	32:08,03
21	Håvard T Garberg	NOTEAM		2:37:55,62	32:31,49
22	Knut Øvernes	GE Money Bank		2:38:10,85	32:46,72
23	Ståle Sivertsen	NOTEAM		2:38:53,48	33:29,35
24	Frode Lyssandtræ	Oslo kajakkklubb		2:39:12,90	33:48,77
25	Marius Teigen	NOTEAM		2:39:20,26	33:56,13
26	Yann de Mautort	NOTEAM		2:40:55,26	35:31,13
27	Christoffer Grytten	Rye		2:41:06,85	35:42,72
28	Tore Øverås	Metor		2:41:11,03	35:46,90
29	Paul Kristiansen	Folkehelseinst. BIL		2:41:18,73	35:54,60
30	Stuart Elliott	NOTEAM		2:42:39,23	37:15,10
31	Henrik Strøm-Roum	NOTEAM		2:43:47,97	38:23,84
32	Roger Hult	Spanarna		2:43:57,29	38:33,16
33	Eskil Amdal	Oslofjord triathlon		2:45:09,37	39:45,24
34	Espen Grimstvedt	NOTEAM		2:46:00,95	40:36,82
35	Jostein Raknes	NOTEAM		2:46:42,42	41:18,29
36	Nils-Einar Eliassen	Skrenten IK		2:49:00,87	43:36,74
37	Bjørn Sverre Grenager	sk rye		2:49:23,69	43:59,56
38	Raymond Andersen	Tyrili		2:49:27,72	44:03,59
39	Dipesh Patel	Team India		2:50:42,65	45:18,52
40	Halle Aslaksen	NOTEAM		2:54:07,12	48:42,99
41	Philip Wilkens	BUL		2:55:03,59	49:39,46
42	Ole Kristian Brattli	Trondheim triatlonklubb		2:55:32,67	50:08,54
43	Fidel Helgi Sanchez	NOTEAM		2:55:54,22	50:30,09
44	Knut Erik Løvig	Thomson Reuters		2:56:10,88	50:46,75
45	Harald Heyden	NOTEAM		2:56:47,13	51:23,00
46	Martin Klint	NOTEAM		2:57:34,81	52:10,68
47	Andreas Tørå Hagli	Bekk Consulting		2:59:03,31	53:39,18
48	Christian Dahll	NOTEAM		3:01:57,22	56:33,09
49	Marcus Hultgren	Stifinner'n		3:02:27,72	57:03,59
50	Fredrik Norling	Oslo vest ski og racquet		3:03:59,44	58:35,31
51	Vidar Magnusson	NOTEAM		3:06:06,87	1:00:42,74
52	kjetil grytbakk	os idrettslag		3:09:35,38	1:04:11,25
53	Henrik Hellevik Larsen	NOTEAM		3:15:38,42	1:10:14,29
54	Magnus Prösch	BCG		3:18:43,44	1:13:19,31
55	Rolf Hongseth	FK KKIS / Forsvarets		3:23:17,70	1:17:53,57
56	Jani Juselius	Spanarna		3:23:23,77	1:17:59,64
57	Mats Larsson	Spanarna		3:59:46,73	1:54:22,60
DNF	Trond Boge	Skarphedin IL			
Antall	58	Påmeldte: 78		Startende: 78	

# Resultatliste

Oslo Triathlon

15.08.2009

Class	Navn	Klubb	Distrikt	Tid	Etter
<b>Normal M40-49</b>					
1	Jard Bringdal	Koll/Oslofjord triatlon		<b>2:23:12,60</b>	
2	Erlend Leganger	NOTEAM		<b>2:24:57,41</b>	01:44,81
3	Chris Gregers	Lyn		<b>2:25:59,08</b>	02:46,48
4	Jan Olav Endrerud	Vind IL		<b>2:31:19,91</b>	08:07,31
5	Mathis Hordvei	Akselera		<b>2:36:17,45</b>	13:04,85
6	Per Hofslø	ingen?		<b>2:36:24,46</b>	13:11,86
7	Halfdan Haukeland	Time-Out Travel		<b>2:39:33,48</b>	16:20,88
8	Karstein Hagenes	Hafersfjord SK		<b>2:39:39,84</b>	16:27,24
9	Runar Malkenes	NOTEAM		<b>2:40:32,62</b>	17:20,02
10	Jon Norbye	Koll		<b>2:40:45,51</b>	17:32,91
11	Geir Vågen	Koll IL		<b>2:41:19,67</b>	18:07,07
12	Lars Gunnar Johnsen	Trondheim triatlonklubb		<b>2:42:15,47</b>	19:02,87
13	Kenneth Harlem	Lillomarka Skiklubb		<b>2:42:30,82</b>	19:18,22
14	Ulf Johansson	Brøttum idrettslag		<b>2:43:32,56</b>	20:19,96
15	Jens Lillegraven	IL R.O.S.		<b>2:45:41,19</b>	22:28,59
16	Marinus van Meel	NOTEAM		<b>2:47:12,76</b>	24:00,16
17	John Willy Haukeland	Time-Out Travel		<b>2:47:47,88</b>	24:35,28
18	Rolf M. Bakken	Vinger FK		<b>2:49:16,55</b>	26:03,95
19	piet verhees	brøttum il		<b>2:49:45,29</b>	26:32,69
20	jon-terje isaksen	oslofjord		<b>2:49:46,54</b>	26:33,94
21	Matthew Gray	NOTEAM		<b>2:56:47,74</b>	33:35,14
22	Lars Helge Fjeldstad	Langesund Triatlon		<b>2:58:45,59</b>	35:32,99
23	Hjalmar Sæther	Coop		<b>3:00:09,12</b>	36:56,52
24	Christer Clausen	j-united		<b>3:04:17,75</b>	41:05,15
25	Cato Nielsen	NOTEAM		<b>3:08:16,07</b>	45:03,47
26	Bjørn Håvard Evjen	Ås IL		<b>3:15:26,74</b>	52:14,14
Antall	26	Påmeldte: 31	Startende: 31		

## Normal M50-59

1	Bjørn-David Haraldsen	IF FRØY		<b>2:44:44,71</b>	
2	Kjetil Engja	Oslo kommune BIL		<b>3:02:00,65</b>	17:15,94
3	Edvard Ryholt	Tønsberg Triathlonklubb		<b>4:09:26,41</b>	1:24:41,70
Antall	3	Påmeldte: 3	Startende: 3		

## Stafett

1	Army of Three	Army of Three		<b>1:05:34,11</b>	
2	Ha He	Ha He		<b>1:07:17,73</b>	01:43,62
3	Agresso Bulls	Agresso Bulls		<b>1:09:49,25</b>	04:15,14
4	Asker Svømmeklubb	Asker Svømmeklubb		<b>1:11:15,88</b>	05:41,77
5	Agresso Mix	Agresso Mix		<b>1:12:12,85</b>	06:38,74
6	x-team	x-team		<b>1:14:19,00</b>	08:44,89
7	Team MNG	Agresso BIL		<b>1:19:57,75</b>	14:23,64
8	Agresso	Agresso		<b>1:20:23,10</b>	14:48,99
9	Team Pink	Team Pink		<b>1:25:16,39</b>	19:42,28
10	Agresso II	Agresso II		<b>1:32:10,00</b>	26:35,89
11	Sirius IT SITup	Sirius IT SITup		<b>1:41:32,31</b>	35:58,20
Antall	11	Påmeldte: 12	Startende: 12		