



Resultatlistester.

Oslo Triathlon 3.8.97

Klasse : (15-29) M1

Pl.	St.nr	Navn / Klubb	Svømming	Sykkel	Løp	Total tid
1	347	Trond Magne Heggland Haugesund	00:16:15 00:01:57	01:09:47 00:00:12	00:39:05 00:02:39	02:05:07,0 00:00:00
2	337	Bård Jørgen Elden Stavanger	00:20:07 00:05:49	01:09:35 00:00:00	00:36:26 00:00:00	02:06:08,0 00:01:01
3	329	Øystein Vestre Haugesund	00:14:18 00:00:00	01:11:50 00:02:15	00:40:42 00:04:16	02:06:50,0 00:01:43
4	101	Helge Bartnes Fossum IF. Triathlon	00:16:10 00:01:52	01:13:21 00:03:46	00:39:05 00:02:39	02:08:36,0 00:03:29
5	110	Trond Hetland Fossum IF. Triathlon	00:17:10 00:02:52	01:12:23 00:02:48	00:39:15 00:02:49	02:08:48,0 00:03:41
6	122	Jørn Henrik Thoresen Ullensaker	00:16:17 00:01:59	01:09:47 00:00:12	00:44:30 00:08:04	02:10:34,0 00:05:27
7	343	Svenung Ven Bergen Triathlon Klubb	00:20:10 00:05:52	01:11:17 00:01:42	00:39:39 00:03:13	02:11:06,0 00:05:59
8	345	Pål Fritsvold Nordstrand Triathlon	00:15:49 00:01:31	01:10:50 00:01:15	00:44:55 00:08:29	02:11:34,0 00:06:27
9	300	Truls Wagner Sportsklubben Vidar	00:18:07 00:03:49	01:11:59 00:02:24	00:41:54 00:05:28	02:12:00,0 00:06:53
10	124	Espen Wagner SK Vidar	00:17:56 00:03:38	01:10:58 00:01:23	00:43:42 00:07:16	02:12:36,0 00:07:29
11	106	Espen Eide OPIL	00:18:19 00:04:01	01:14:16 00:04:41	00:40:57 00:04:31	02:13:32,0 00:08:25
12	112	Ketil Aas Jackobsen Fossum IF. Triathlon	00:18:45 00:04:27	01:12:43 00:03:08	00:43:54 00:07:28	02:15:22,0 00:10:15
13	120	Bjørn Skollerud Birkebeineren Triathlon & Fri	00:15:17 00:00:59	01:14:52 00:05:17	00:46:23 00:09:57	02:16:32,0 00:11:25
14	332	Morten Baggerød Birkebeineren Triathlon & Fri	00:18:18 00:04:00	01:14:28 00:04:53	00:45:17 00:08:51	02:18:03,0 00:12:56
15	117	Petter Mjøberg Horten Triathlon Klubb	00:21:01 00:06:43	01:17:04 00:07:29	00:42:55 00:06:29	02:21:00,0 00:15:53
16	335	Henrik Johansen Tønsberg Kom.	00:20:22 00:06:04			02:25:04,0 00:19:57
17	105	Even Chiodera Fossum IF. Triathlon	00:25:47 00:11:29	01:15:14 00:05:39	00:44:53 00:08:27	02:25:54,0 00:20:47
18	341	Keneth Garvoll-Hansen BISI	00:19:05 00:04:47	01:20:35 00:11:00	00:46:21 00:09:55	02:26:01,0 00:20:54
19	310	Ole-Morten Munz SF Grei	00:25:36 00:11:18	01:17:24 00:07:49	00:44:16 00:07:50	02:27:16,0 00:22:09
20	125	Thomas Wilson Nordstrand Triathlon	00:15:26 00:01:08	01:24:10 00:14:35	00:48:27 00:12:01	02:28:03,0 00:22:56
21	305	Reidar Fossmark Fossum IF. Triathlon	00:25:09 00:10:51	01:17:02 00:07:27	00:46:03 00:09:37	02:28:14,0 00:23:07
22	116	Fritjof Emsell Larsen NVHI	00:26:35 00:12:17	01:19:16 00:09:41	00:44:42 00:08:16	02:30:33,0 00:25:26
23	107	Erlend Agøy Engum Nordstrand Triathlon	00:21:39 00:07:21	01:24:20 00:14:45	00:44:46 00:08:20	02:30:45,0 00:25:38

24	346	Øystein Tunsjø Privat	00:19:39 00:05:21	01:20:02 00:10:27	00:51:40 00:15:14	02:31:21,0 00:26:14
25	303	Jørgen Lien STIF	00:27:16 00:12:58	01:24:33 00:14:58	00:42:14 00:05:48	02:34:03,0 00:28:56
26	108	Anders Halle Grøterud Verdens Gang	00:24:35 00:10:17	01:25:14 00:15:39	00:44:46 00:08:20	02:34:35,0 00:29:28
27	123	Lars Ove Thoresen Ullensaker	00:19:20 00:05:02	01:20:24 00:10:49	00:55:12 00:18:46	02:34:56,0 00:29:49
28	326	Daniel P. Martnes Oslo Svømming	00:21:48 00:07:30	01:24:16 00:14:41	00:48:57 00:12:31	02:35:01,0 00:29:54
29	304	Preben w. Ekli Rye	00:23:09 00:08:51	01:23:58 00:14:23	00:48:57 00:12:31	02:36:04,0 00:30:57
30	115	Frank D. Kristiansen Privat	00:23:12 00:08:54	01:22:49 00:13:14	00:50:09 00:13:43	02:36:10,0 00:31:03
31	114	Christtoffer Knudsen NTHI	00:27:14 00:12:56	01:21:50 00:12:15	00:53:10 00:16:44	02:42:14,0 00:37:07
32	327	Knut Linnerud Bærumsvømmerene	00:24:48 00:10:30	01:17:36 00:08:01	00:59:51 00:23:25	02:42:15,0 00:37:08
33	118	Viljar Nævdal OPIL	00:23:49 00:09:31	01:23:44 00:14:09	00:55:42 00:19:16	02:43:15,0 00:38:08
34	102	Håvard Bjønnes SK Ceres	00:26:05 00:11:47	01:30:56 00:21:21	00:50:25 00:13:59	02:47:26,0 00:42:19
35	313	Girts Bensons Latvia	00:26:15 00:11:57	01:29:05 00:19:30	00:52:09 00:15:43	02:47:29,0 00:42:22
36	113	Geir Kavle OPIL	00:18:37 00:04:19	01:26:52 00:17:17	01:05:25 00:28:59	02:50:54,0 00:45:47
37	109	Jens Haug Privat	00:26:09 00:11:51	01:30:02 00:20:27	00:54:46 00:18:20	02:50:57,0 00:45:50
38	339	Jan-Terje Isaksen Privat	00:28:01 00:13:43	01:25:35 00:16:00	00:57:25 00:20:59	02:51:01,0 00:45:54
39	104	Tore Buli NTHI	00:34:49 00:20:31	01:30:16 00:20:41	00:50:37 00:14:11	02:55:42,0 00:50:35
40	121	Claes Suphammer Fossum IF. Triathlon	00:23:22 00:09:04			03:00:32,0 00:55:25
41	103	Ketil Buan Privat	00:28:52 00:14:34	01:31:23 00:21:48	01:01:35 00:25:09	03:01:50,0 00:56:43
42	309	Øvind Ringen Privat	00:31:01 00:16:43	01:34:37 00:25:02	00:56:29 00:20:03	03:02:07,0 00:57:00
43	306	Cristoffer Stange Lyn	00:30:00 00:15:42	01:30:45 00:21:10	01:02:21 00:25:55	03:03:06,0 00:57:59
44	314	Erik Trelborg Fossum IF. Triathlon	00:27:32 00:13:14	01:31:19 00:21:44	01:08:26 00:32:00	03:07:17,0 01:02:10
45	307	Erik Baardsgaard HMK	00:27:05 00:12:47	01:35:18 00:25:43	01:09:46 00:33:20	03:12:09,0 01:07:02

Klasse : (30-34) M2

Pl.	St.nr	Navn / Klubb	Svømming	Sykkel	Løp	Total tid
1	132	Pål Magndal Privat	00:16:03 00:00:00	01:10:02 00:00:00	00:37:29 00:00:00	02:03:34,0 00:00:00
2	128	Pål C. Elshaug Rye	00:19:16 00:03:13	01:10:54 00:00:52	00:42:44 00:05:15	02:12:54,0 00:09:20
3	308	Nico Marien EDS	00:20:05 00:04:02	01:14:21 00:04:19	00:42:47 00:05:18	02:17:13,0 00:13:39
4	135	Eigil Skule Privat	00:20:00 00:03:57	01:19:43 00:09:41	00:49:00 00:11:31	02:28:43,0 00:25:09
5	302	Kjetil Westgaard Den Norske Bank	00:25:54 00:09:51	01:15:09 00:05:07	00:48:12 00:10:43	02:29:15,0 00:25:41
6	330	Ketil Berstad Lillehammer	00:24:05 00:08:02	01:20:10 00:10:08	00:47:19 00:09:50	02:31:34,0 00:28:00
7	131	Stig Lauby Braaten Safe BIL	00:23:13 00:07:10			02:33:46,0 00:30:12
8	134	Erik Oanæs Stavanger Triathlon klubb	00:19:57 00:03:54	01:20:26 00:10:24	00:53:59 00:16:30	02:34:22,0 00:30:48
9	133	Tore O. Moe OPIL	00:20:00 00:03:57	01:22:44 00:12:42	00:58:43 00:21:14	02:41:27,0 00:37:53
10	138	Rudi R. Yomans Tinn og Rukan Cycleclub	00:26:22 00:10:19	01:22:43 00:12:41	00:53:34 00:16:05	02:42:39,0 00:39:05
11	136	Terje G. Sæther Munken TIL	00:27:14 00:11:11	01:25:44 00:15:42	00:49:48 00:12:19	02:42:46,0 00:39:12
12	100	Sigmund Andersen Larvik Svømmeklubb	00:19:31 00:03:28	01:34:07 00:24:05	00:51:08 00:13:39	02:44:46,0 00:41:12
13	344	Ørnulf Sandbæk Privat	00:24:17 00:08:14	01:26:40 00:16:38	00:54:31 00:17:02	02:45:28,0 00:41:54
14	312	Shawn Mclean Privat	00:32:34 00:16:31	01:43:21 00:33:19	00:43:20 00:05:51	02:59:15,0 00:55:41
15	129	Rune Fagerlirøren Privat	00:26:36 00:10:33	01:31:36 00:21:34	01:04:27 00:26:58	03:02:39,0 00:59:05
16	126	Szymon Andruchon SA-Soft BIL	00:24:28 00:08:25	01:34:57 00:24:55	01:12:26 00:34:57	03:11:51,0 01:08:17

Klasse : (35-39) M3

Pl.	St.nr	Navn / Klubb	Svømming	Sykkel	Løp	Total tid
1	152	Einar W. Thorstensen Achilles Triathlon Team	00:19:10 00:00:34	01:17:28 00:03:30	00:42:17 00:01:09	02:18:55,0 00:00:00
2	139	Karl Kr. Aketun Achilles Triathlon Team	00:18:36 00:00:00	01:13:58 00:00:00	00:49:54 00:08:46	02:22:28,0 00:03:33
3	320	Ole Bjørgum Ceres SK	00:25:44 00:07:08	01:17:32 00:03:34	00:41:08 00:00:00	02:24:24,0 00:05:29
4	324	Freddy Olsen Rye	00:22:24 00:03:48	01:17:16 00:03:18	00:45:04 00:03:56	02:24:44,0 00:05:49
5	140	Alf Andersen ABB Installasjon BIL	00:24:47 00:06:11	01:19:50 00:05:52	00:48:37 00:07:29	02:33:14,0 00:14:19
6	333	Karsten Hansen Eiker CK	00:25:43 00:07:07	01:20:20 00:06:22	00:48:34 00:07:26	02:34:37,0 00:15:42
7	334	Tormod Simonsen CTG	00:24:23 00:05:47	01:21:39 00:07:41	00:48:36 00:07:28	02:34:38,0 00:15:43
8	146	Geir Thomassen HFK BIL	00:27:18 00:08:42	01:22:39 00:08:41	00:52:45 00:11:37	02:42:42,0 00:23:47
9	316	John Iversen Oslo Taxi	00:26:45 00:08:09	01:25:10 00:11:12	00:51:16 00:10:08	02:43:11,0 00:24:16
10	317	Erling Rekdal Rye	00:26:44 00:08:08	01:25:11 00:11:13	00:53:03 00:11:55	02:44:58,0 00:26:03
11	141	Lars Petter Hagen Vital Bil	00:28:55 00:10:19	01:27:53 00:13:55	00:51:19 00:10:11	02:48:07,0 00:29:12
12	145	Karl Egil Stubbsjøen BBS	00:21:50 00:03:14	01:21:28 00:07:30	01:07:22 00:26:14	02:50:40,0 00:31:45
13	144	Øyvind Stenersen Privat	00:29:29 00:10:53	01:28:21 00:14:23	00:54:45 00:13:37	02:52:35,0 00:33:40
14	142	Erik Nøkleby Skimilajoggen	00:35:08 00:16:32	01:32:07 00:18:09	00:51:44 00:10:36	02:58:59,0 00:40:04
15	318	Torgeir Nevland Privat	00:25:53 00:07:17	01:30:38 00:16:40	01:05:00 00:23:52	03:01:31,0 00:42:36
16	331	Kjell Korsmo Privat	00:35:40 00:17:04	01:47:18 00:33:20	01:06:41 00:25:33	03:29:39,0 01:10:44

Klasse : (40-44) M4

Pl.	St.nr	Navn / Klubb	Svømming	Sykkel	Løp	Total tid
1	148	Jørgen Syversen OPIL	00:18:59 00:00:00	01:13:34 00:00:00	00:46:57 00:03:09	02:19:30,0 00:00:00
2	322	Arne J. Kildahl Ceres SK	00:22:47 00:03:48	01:16:52 00:03:18	00:43:48 00:00:00	02:23:27,0 00:03:57
3	336	Stein t. Dahl Ullensaker Svømmerene	00:22:44 00:03:45			02:24:40,0 00:05:10
4	340	Egil Mathias Gjelsås Stokke IL	00:26:13 00:07:14	01:25:20 00:11:46	00:49:35 00:05:47	02:41:08,0 00:21:38
5	149	Bjørn Willadsen Tiden Nors Forlag	00:29:10 00:10:11			02:42:02,0 00:22:32
6	147	Geoffrey Kempton Nord KKK	00:27:27 00:08:28	01:30:41 00:17:07	00:58:25 00:14:37	02:56:33,0 00:37:03
7	311	Tore Glærum B.O.C	00:35:48 00:16:49	01:16:18 00:02:44	01:18:44 00:34:56	03:10:50,0 00:51:20
8	348	Glenn Massey HS IL	00:35:31 00:16:32			03:25:46,0 01:06:16

Klasse : (45-49) M5

Pl.	St.nr	Navn / Klubb	Svømming	Sykkel	Løp	Total tid
1	153	Haakon Wang Privat	00:26:58 00:05:11	01:20:28 00:00:00	00:54:39 00:00:00	02:42:05,0 00:00:00
2	151	Petter Nore Privat	00:21:47 00:00:00	01:31:51 00:11:23	00:57:08 00:02:29	02:50:46,0 00:08:41
3	323	Johny Kyoss Oslo VA-verk BIL	00:28:17 00:06:30	01:34:23 00:13:55	01:02:00 00:07:21	03:04:40,0 00:22:35

Klasse : (50-59) M6

Pl.	St.nr	Navn / Klubb	Svømming	Sykkel	Løp	Total tid
	156	Oddvar Leivestad Nordstrand Triathlon	00:22:54 00:00:00	01:19:31 00:00:00	00:48:52 00:00:55	02:31:17,0 00:00:00
2	157	Jan Martinsen OPIL	00:24:28 00:01:34	01:21:33 00:02:02	00:47:57 00:00:00	02:33:58,0 00:02:41
3	155	Erik Høien ASEA Skandia BIL	00:25:43 00:02:49	01:20:19 00:00:48	00:50:55 00:02:58	02:36:57,0 00:05:40
4	158	Botolf Myhrvold Elko BIL	00:35:13 00:12:19	01:32:05 00:12:34	00:58:34 00:10:37	03:05:52,0 00:34:35
5	154	Steinar Fjeldheim Privat	00:37:27 00:14:33	01:34:18 00:14:47	01:02:07 00:14:10	03:13:52,0 00:42:35

Klasse : (60 -->) M7

Pl.	St.nr	Navn / Klubb	Svømming	Sykkkel	Løp	Total tid
1	301	Einar Berger OPIL	00:24:04 00:00:00	01:23:20 00:00:00	01:02:40 00:00:00	02:50:04,0 00:00:00

Klasse : (15-29) K1

Pl.	St.nr	Navn / Klubb	Svømming	Sykkkel	Løp	Total tid
1	321	Kristin Undheim LRK-Triathlon	00:18:33 00:00:38	01:23:52 00:00:00	00:49:26 00:00:08	02:31:51,0 00:00:00
2	338	Karin Edvinsson Fossum IF. Triathlon	00:17:55 00:00:00	01:28:26 00:04:34	00:49:18 00:00:00	02:35:39,0 00:03:48
3	342	Charlotte Kunz Nordstrand Triathlon	00:18:50 00:00:55	01:29:43 00:05:51	00:51:10 00:01:52	02:39:43,0 00:07:52
4	159	Kjersti Vassmo Lund NTHI	00:19:04 00:01:09	01:28:21 00:04:29	00:52:19 00:03:01	02:39:44,0 00:07:53

Klasse : (30-34) K2

Pl.	St.nr	Navn / Klubb	Svømming	Sykkkel	Løp	Total tid
1	319	Anne Eldegard SK Vidar	00:15:10 00:00:00	01:16:45 00:00:00	00:46:49 00:00:00	02:18:44,0 00:00:00
2	160	Ninette Bandum Privat	00:28:49 00:13:39	01:39:53 00:23:08	00:50:33 00:03:44	02:59:15,0 00:40:31

Klasse : (35-39) K3

Pl.	St.nr	Navn / Klubb	Svømming	Sykkkel	Løp	Total tid
1	315	Grethe Halvorsen Hord IL	00:26:02 00:00:00	01:34:42 00:00:00	00:51:47 00:00:00	02:52:31,0 00:00:00